

Dear Parents,

Due to a staff member suffering with a life threatening nut allergy, we have been advised to become a NUT AWARE SCHOOL. An allergic reaction (anaphylactic shock) can occur through ingestion of nut products, cross contamination and breathing nut dust in the air.

Since this condition can be life threatening, we are asking all members of the school community for their help in minimising the risk by:

- a) Avoiding giving children nuts or nut products in their packed lunches (Carmarthenshire Catering is nut free )
- b) Avoiding giving nuts or nut products or snacks/bars containing nuts for lunch time snacks
- c) Avoiding supplying the school with cakes or food items containing nuts for events
- d) Avoiding sending containers such as cereal boxes for DT / Art lessons into school which may have contained produce made with nuts

We do acknowledge in our Allergies policy that many foods are labelled as '*may have been produced in a factory handling nuts and cannot be guaranteed to be nut free*'. Such items will be allowed in school as it would be unreasonable to expect these to be kept out of school.

Please note where a member of staff notices a pupil eating a nut product, the product will be removed politely and the member of staff will explain why this has to be done. A message will then be sent to the parent to explain what has happened so they are fully informed and to remind them of the Allergies policy.

Due to the severity of the problem, it is important that all parents carry out the suggested measures and reduce the risk of allergic reaction. I realise this is a significant change in school policy but it has been introduced on the recommendation of the County to specific allergies and has been adopted by Governors so that the school takes all reasonable steps to keep everyone safe.

We thank you in advance for your co-operation and support regarding this matter. If you have any questions or concerns, please feel free to contact me.

Marie Langabeer